

SPRING/SUMMER 2017

2017 QUARTERLY MEETINGS

Thursday, March 16th 11:00 A.M.—1:00 P.M. EST

Friday, June 16th 11:00 A.M.—1:00 P.M. EST*

Thursday, September 14th 11:00 A.M.—1:00 P.M. EST

Friday, November 10th— 11:00 A.M —1:00 P.M. EST

*This is an in person and online meeting. For details, see page 4.



MICHIGAN HEALTH CARE SAFETY ASSOCIATION

Advocating for Safety in Health Care

NEWSLETTER

INSIDE THIS ISSUE:

Letter from the President 1

OSHA Injury and Illness Recordkeeping Updates 2

MIOSHA Information & Updates

Tips for Walking: Morning, Noon or Night 3

Occupational Heat Stress

MHCSA Membership & June Meeting 4

Regulations and Information 5-6

2017-2018 MHCSA Board

President: Janice Homola (Coverys) Planning/Education Committee: John Bennett, Hospital Network Ventures

Vice President: Rita Stockman (Trinity Health) Membership/Marketing: TBD

Interim Treasurer: Sandy Allen (Coverys) Past President: Ken Smith

Secretary: Terry Fisk (Trinity Health)



LETTER FROM THE PRESIDENT

Greetings, MHCSA Members!

Spring is a time for growth, and with the rain, what a great spring for growth we have had. How has your personal growth been? Have you grown in knowledge or experience? Our June 16 MHCSA session is fast approaching, and I look forward to hearing you share what you've learned, or what is stunting your growth!

What a pleasure it is to serve a group that provides such open and honest support for

each other. Sun Tzu the famous philosopher once said, "There are not more than five primary colors (blue, yellow, red, white, and black), yet in combination they produce more hues than can ever been seen." Such is the brilliance of an organization like ours. Individually, we can bring ourselves and our organizations to a new level, but together? We have so many more insights. So much more experience. So many more options. The possibilities seem endless. For an example of possibilities, you'll need to look no further than Lydia Glusko's walking tips on page 3, whether you are an early bird, night owl, or something in between.

In our profession, we know that "it is important to remain vigilant — doing our best work on behalf of patients, learning from our colleagues ... and listening to the stories told by the claims

data." [Robert Hanscom, JD, Vice President of Business Analytics, Coverys]

On June 16th, I welcome you to join us and learn from your colleagues, network with your peers, and gain insight during the education session. For those of you joining in person, lunch will be provided to savor during the education portion; for those of you online, be sure to have your healthy lunch close at hand.

Sincerely,
Janice Homola, ARM
MHCSA President
Senior Risk Consultant
Workers' Compensation Services
Coverys
P: 517.886.7971
jhomola@coverys.com

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QUARTERLY NEWSLETTER SPRING/SUMMER 2017

OSHA INJURY AND ILLNESS RECORDKEEPING UPDATES

Senate votes to scrap OSHA’s ‘Volks’ recordkeeping rule

On March 23rd the Senate joined the House by voting to overturn the ‘Volks’ rule. Employers have long been required to record and maintain work-related injury and illness data over a five-year period. However, they could only be cited for violations within a six-month time period. Those guidelines changed Dec. 19, when OSHA published the ‘Volks’ rule, which allowed citations to be issued up to five-and-a-half years after violations allegedly occurred.

The rule grew from a legal case involving Volks Constructors. Supporters of the rule say it would allow OSHA to enforce accurate injury and illness recordkeeping. However, critics claim it would create burdens for employers without providing any proof that worker safety would improve.

OSHA delays electronic recordkeeping rule compliance date [Posted On May 18, 2017]

The U.S. Occupational Safety and Health Administration will delay the July 1 compliance date for the electronic submission of the 2016 Form 300A. The record-keeping rule requires certain employers submit injury and illness data electronically. The rule applies to establishments with 250 or more employees and establishments with less than 250 employees but 20 or more in certain high-risk industries.

There is no indication of how long the delay may be or whether that impacts the ultimate compliance with the rule given the various lawsuits that have been filed in Texas and Oklahoma. Experts report that OSHA is underfunded, and that there has been a real question about whether they were going to have the electronic architecture in place for employers to start submitting this data. The general assumption was that it was inevitable that they would delay it.

<https://www.osha.gov/recordkeeping/>

MIOSHA INFORMATION & UPDATES

MIOSHA reported in FY2016 [October-October] that they conducted 4,678 onsite enforcement inspections. The five most cited standards were Fall Protection, Asbestos, Scaffolds, Lockout/Tagout and Personal Protective Equipment (PPE).

In CY2016 occupational falls accounted for 50% [twenty-two fall-related deaths] of all reported occupational fatalities in Michigan. In response to this unprecedented number, MIOSHA is launching a year-long State Emphasis Program (SEP) and informational campaign to raise awareness of fall hazards, and educate employers and employees about the critical importance of fall prevention. For additional information check out MIOSHA’s webpage “[Stop Falls. Save Lives.](#)”

Safe and Sound Campaign

MIOSHA advises that every workplace in Michigan can and should develop and implement a comprehensive

safety and health program. A number of standards, guidelines, and recommended practices exist to help employers set up a program including OSHA’s new *Recommended Practices for Safety and Health Programs*. All effective programs revolve around the core principles of: management leadership; worker participation; and a proactive process for finding and fixing workplace hazards.

Note: MIOSHA will soon begin their strategic planning for Targeted Industries. It is likely that Hospitals and Nursing Homes will remain on the target list.



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TIPS FOR WALKING: MORNING, NOON OR NIGHT

Author: Lydia Glusko, Clinical Loss Control Director, Trinity Health

There's no one right time of day to get moving. Follow these tips whether you walk morning, noon or night.

Like to walk as soon as your feet hit the floor? Congratulations! You're getting your day started right.

- The night before, get your walking clothes and shoes ready so it's easy to put them on and head out the door.
 - An iPod or other portable music device programmed with up tempo music or set to your favorite radio station can keep you moving at a brisk pace. Just make sure you can still hear traffic.
 - Stretch your calves and hamstrings at the end of your walk. Watching a morning news show or check your email while stretching.
 - If it's dark, wear clothing with reflective stripes so motorists can see you
- Would you rather eat and run?
- Schedule your lunchtime walk in your work calendar. Think of it as an important appointment.

- Keep everything you'll need for walking at work. This way you won't find yourself saying "I forgot my shoes. I can't go."
- Recruit some colleagues to join you. You can keep each other on track.
- Depending on your walking pace, the weather and how much you sweat, you may be able to wear your work clothes and switch to athletic shoes. Or you may prefer to slip on a t-shirt. In cooler weather, you might need a jacket, hat or gloves. If you're walking briskly, you'll heat up after about 10 minutes, so don't overdress.
- Bring a healthy lunch or pick a route where you can grab a sandwich at the end of your walk.

Is walking after work preferable?

- Have a light snack around 4 p.m. so you don't experience a late-day energy dip and talk yourself out of walking. Try yogurt and a handful of almonds or an apple and an ounce of cheese.
- Pick an area that does not have heavy traffic since rush hour can increase air pollutants.
- Walk tall and do some backward shoulder rolls to relieve stress.
- If it's dark, wear clothing with reflective strips so motorists can see you.

OCCUPATIONAL HEAT STRESS

Occupational heat related conditions can be serious or fatal particularly during the summer months. Heat stroke, heat exhaustion and other heat related disorders can also contribute to injuries if workers are doing elevated work or using powered equipment. A risk factor is relative humidity $\geq 60\%$ that impairs sweating and risk climbs significantly above 90°F.



Medical conditions of the heart and lungs, blood pressure or diabetes can make workers more vulnerable to heat stress. There is no OSHA "rule" for heat exposure, however the general duty clause applies to recognized hazards of the workplace to heat stress. Fortunately both NIOSH and MIOSHA have very good resources to help with hazard identification, employee education and control measures.

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MHCSA MEMBERSHIP & JUNE MEETING

Since we have so many new members this year we thought it was worth repeating how our membership meetings are structured.

Conference call [11:00 A.M.-11:50 A.M. EST] - First, we have an interactive conference call, with a very short business portion immediately followed by confidential, candid discussions in a “round table” format, where members share what is happening in their organization, and what challenges or successes they may have. Other members might share how they may have overcome a particular challenge, and we all benefit. No written notes of the candid discussions are kept.

Webinars [Noon-1:00 P.M. EST] - Second, in keeping with our mission to provide educational opportunities, we provide a teaching session in an online, webinar format.

June Membership Meeting

Our June 2017 membership meeting is an in person and online meeting. Call in numbers and Web Ex information will be provided under separate cover for those who cannot attend in person.

Our June 2017 membership meeting will be held at **Trinity Health, 20555 Victor Parkway, Livonia, Michigan 48152**. This complex is located off of Victor Parkway (east of I-275) and between Seven and Eight Mile roads. There are two buildings in this complex. The MHCSA membership meeting will be in the west building (building closest to I-275). Please allow plenty of time. I-275 can be very congested because of the rush hour traffic and construction in the area. Once you have arrived please check in at the security desk located at the main (south) entrance. Lunch will be provided.

"Hospital Chemical Spill Response and Prevention"

Chemical spills in healthcare facilities can cause injury, illness, property damage, and regulatory non-compliance penalties. Thousands of hazardous chemical products are used in healthcare and the regulatory landscape can be daunting. This presentation will provide a quick overview of applicable regulations and methods of overcoming barriers to establishing an effective spill prevention and response program.

Speaker: Scott Cruzen, CHSP, OHST Safety Officer, Medxcel Facilities Management

Scott Cruzen serves as Safety Officer and Emergency Preparedness Coordinator for Medxcel Facilities Management in the Mid-Michigan Region. He has over thirty years of experience in hospital safety, health, and environment including working with nearly 150 hospitals in Michigan, 100 hospitals nationwide in the Ascension Health system, as well as facilities in New Mexico, South Carolina, and Pennsylvania.

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REGULATIONS AND INFORMATION

MIOSHA Regulatory Updates

GI Part 90 “Permit-Required Confined Spaces” and OH Part 490 “Permit-Required Confined Spaces” were amended, effective February 23, 2017

“Permit-Required Confined Spaces” gives direction to employers and employees on protecting Michigan employees from health and safety hazards in the workplace when related to permit-required confined spaces. A copy of the revised standards are available on the [MIOSHA Standards](#) website and here:

[GI Part 90 and OH Part 490 “Permit-Required Confined Spaces”](#)

A copy of the strike-bold drafts are available here:

[GI Part 90 Permit-Required Confined Spaces Final Strike-Bold Draft](#)

[OH Part 490 Permit-Required Confined Spaces Final Strike-Bold Draft](#)

Nationwide Safe + Sound Week event being held June 12-18 to promote safety and health programs

OSHA, the National Safety Council, the American Industrial Hygiene Association, the American Society of Safety Engineers, and the National Institute for Occupational Safety and Health have announced June 12-18 as Safe + Sound Week. The event is a nationwide effort to raise awareness of the value of workplace safety and health programs. These programs can help employers and workers identify and manage workplace hazards before they cause injury or illness, improving the bottom line. Throughout this week, organizations are encouraged to host events and activities that showcase the core elements of an effective safety and health program--management leadership, worker participation, and finding and fixing workplace hazards. Visit the [Safe + Sound Week webpage](#) to sign-up for email updates on the event.

Ethylene Oxide (EtO): Understanding OSHA's Exposure Monitoring Requirements **February 15, 2017**

The purpose of this guidance document is to help employers understand how to monitor the quality of the air in workplaces where ethylene oxide (ETO) is processed, used, or handled. Air monitoring is an important activity that can help alert employers when unsafe levels of ETO are present in the air so that they can take steps to reduce employee exposure. ETO can be used more safely if appropriate precautions are taken and if equipment is adequately designed and maintained. This document clarifies the different types of ETO exposure monitoring; lists and explains the exposure levels used by OSHA; reviews the exposure monitoring requirements in OSHA's ETO rules; and outlines the monitoring decisions that the employer needs to make when employees work in areas where ETO is present. All of the required actions presented in this document are based on OSHA's ETO standard (29 CFR 1910.1047). This guidance document provides helpful suggestions for complying with §1910.1047 as well. To review the document go to:

https://www.osha.gov/Publications/ethylene_oxide.html

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REGULATION AND INFORMATION UPDATES

Workshop Proceedings Addresses NIOSH, FDA Processes for Evaluating N95s in Healthcare February 15, 2017

Press Release from AIHA published on February 15, 2017

The proceedings of an August 2016 workshop on the integration of two federal agencies' processes to certify and approve N95 respirators for healthcare settings is now available from the National Academies of Sciences, Engineering, and Medicine. Both NIOSH and the Food and Drug Administration (FDA) have responsibilities to evaluate and regulate respiratory protective devices (RPDs) for healthcare workers. As described in the proceedings, the distinction between NIOSH approval and FDA clearance creates confusion among healthcare professionals and others, and the agencies are examining ways to streamline the approach for regulatory oversight and approvals for N95 respirators used in healthcare. Participants in the workshop discussed the strengths and limitations of current test methods for N95 respirators and next steps in research for improving test methods. Other discussions focused on priorities for research and standards development for filtration performance and fluid resistance, and for flammability and biocompatibility/usability.

A PDF of the workshop proceedings can be downloaded from the National Academies website.

<https://www.nap.edu/catalog/23679/integration-of-fda-and-niosh-processes-used-to-evaluate-respiratory-protective-devices-for-health-care-workers>

New Web Page Highlights Healthcare Worker Survey

A new NIOSH topic page, Health and Safety Practices Survey of Healthcare Workers, addresses hazardous drugs and other chemical hazards typically found in healthcare settings. NIOSH conducted the online survey to better understand the circumstances surrounding healthcare workers' exposures, to examine adherence to safe handling guidelines and best practices, and to assess impediments to using personal protective equipment and other exposure controls. The survey targeted several classes of hazardous chemicals including antineoplastic drugs, aerosolized medications, anesthetic gases, chemical sterilants, high-level disinfectants, and surgical smoke. The topic page provides concise information on why and how the survey was done, findings and recommendations, and access to published articles and other information.

<https://www.cdc.gov/niosh/topics/healthcarehsps/how.html>

OHSN Updates System

The Occupational Health Safety Network (OHSN) released two new modules in March. The systems now allow healthcare facilities to track injuries and illnesses related to sharps injuries and blood and body fluid exposures, as well as traumatic injuries.

<https://www.cdc.gov/niosh/topics/ohsn/>

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