

WINTER 2015

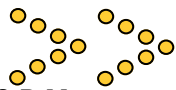
QUARTERLY MEETINGS

Friday, March 13th, 11:00 A.M.– 2:00 P.M.

Thursday, June 11th, 11:00 A.M.— 2:00 P.M.

Friday, September 11th, 11:00 A.M.—2:00 P.M.

Thursday, December 10th 11:00 A.M—2:00 P.M.



MICHIGAN HEALTH CARE SAFETY ASSOCIATION

Advocating for Safety in Health Care

NEWSLETTER

Conference Call for business portion of meeting:

1-855-749-4750

Attendee access code: **640 166 450 Updated!**

A web link will be provided prior to meetings that are using a webinar for the educational session.

INSIDE THIS ISSUE:

Letter from the President 1

Winter Weather STF Prevention 2

Most-Cited OSHA Violations, Fiscal Year 2014

A Message from MHCSA Past President Ken Smith 3

New MHCSA Board Members

Ebola—Occupational Safety and PPE 4

Regulatory Updates and Information 5

2014 Annual Meeting Highlights 6

2015 MHCSA Meeting Schedule and March 13th Education Topic

2015-2016 MHCSA Board

President: Janice Homola (Coverys)	Planning/Education Committee: Pierre Gonyon (Saint Joseph Mercy Hospital) and Dean Hartenburg (Sparrow Clinton Hospital)
Vice President: Pierre Gonyon (Saint Joseph Mercy Hospital)	Membership/Marketing: TBD
Treasurer : Sandy Allen (Coverys)	Past President: Ken Smith
Secretary: Terry Fisk (CHE Trinity Health)	



LETTER FROM THE PRESIDENT

Warm greetings to all, and welcome to our new members! Also, a big thank you to our current and previous past presidents, Ken Smith and John Bolde for your leadership and dedication. Over the past few years, we have seen much progress, including an updated handbook, a newly designed website at <http://mhcsa.org/>, and high quality education sessions. The "Violence Prevention in Health Care" seminar hosted by Pierre Gonyon at St. Joseph Mercy Health System in Ann Arbor was an overwhelming success, attended by many.

We have had candid, stimulating and thought provoking discussions at our quarterly meetings, and we have the ability to find support and knowledge amongst our colleagues. As we move forward into 2015 and beyond, many feel that, as professionals, we need to step up our diligence in improving safety and health, and that includes stepping up our knowledge and abilities. Nationally, we see the need for greater attention to healthcare worker protection due to increased regulation, a spotlight on workplace violence, Ebola and other infectious disease potential, and high injury rates in healthcare. In fact, CNAs and nurses continue to place in the top five occupations with the highest incidence rates, with janitors and cleaners currently ranking forth on the list. [Bureau of Labor Statistics, Dec. 2014]

Our collaborative MHCSA mission is to “promote and maintain safety as a primary function in the delivery of quality of health care services.” As a group, when we each share a little, we all gain a lot. Helen Keller put it this way, *“Alone we can do so little; together we can do so much.”* The MHCSA group includes many skilled and knowledgeable professionals, with a common desire to make a difference in the lives of others. It is both humbling and a pleasure to serve as the 2015-2016 president for such a talented group, and I look forward to being a part of such a great team.

Sincerely,

Janice Homola, ARM
 MHCSA President
 P: 248.624.0966
 jhomola@coverys.com

MHCSA list serve email address: mhcsa-list@mhcsa.org

MHCSA website: <http://mhcsa.org>

MHCSA MISSION: To promote and maintain “safety” as a primary function in the delivery of quality health care services.





WINTER WEATHER SLIP, TRIP AND FALL (STF) PREVENTION

Although slips and falls can occur year round, as we know, wintertime poses special hazards. More than a third of our slip and fall injuries this time of year are caused by snow and ice and occur outside on the sidewalk or in parking areas.

A few things that you can do to stay on your feet this winter:

- Use special care when entering and exiting your car and hold on to your vehicle for support, until you have secure footing.
- Look ahead and down while you are walking to avoid snow, ice, water and large pieces of salt.
- Wear fully enclosed shoes or boots. Ideally they should have a slip resistant outsole.
- Walk slightly bent and flat footed, with your center of gravity directly over your feet.
- Keep your cell phone and other electronic devices in your pocket to avoid distracted walking.

- Wipe your shoes on rugs before proceeding into the building to prevent creating wet slippery conditions indoors.

If you should slip, trip or fall the first thing you need to do is to report it and fill out an employee/colleague incident report. Be as specific as you can regarding location and conditions noted at the time of the slip and fall. Early and accurate reporting and follow up is critical to preventing additional slip, trip and fall incidents.

Together we can eliminate slip, trip and fall hazards and share a safe environment with our colleagues, patients and visitors.



MOST-CITED OSHA VIOLATIONS, FISCAL YEAR 2014

1. Fall Protection – General Requirements [std. 1926.501, 7,516 violations]
2. Hazard Communication [std. 1910.1200, 6,148 violations]
3. Scaffolding [std. 1926.451, 4,968 violations]
4. Respiratory Protection [std. 1910.134, 3,843 violations]
5. Powered Industrial Trucks [std. 1910.178, 3,147 violations]
6. Lockout/Tagout [std. 1910.147, 3,117 violations]
7. Ladders [std. 1926.1053, 2,967 violations]
8. Electrical – Wiring Methods [std. 1910.305, 2,907 violations]
9. Machine Guarding [std. 1910.212, 2,520 violations]
10. Electrical – General Requirements [std. 1910.303, 2,427 violations]

For the Hazard Communication Standard, the top sections cited were employee information and training, developing, implementing and maintaining a written hazard communication program, developing and maintaining safety data sheets (SDSs), labels on shipped containers, and employee training on new label elements and SDS format by December 1, 2013.

MHCSA list serve email address: mhcsa-list@mhcsa.org
MHCSA website: <http://mhcsa.org>





A MESSAGE FROM MHCSA PAST PRESIDENT KEN SMITH

Let me say what a truly great honor it has been to serve as President of MHCSA these past two years. I am sincerely very grateful and want to especially thank our fellow Board members/leaders of: Janice Homola, Teresa Fisk, Sandra B. Allen, John Bolde and Pierre Gonyon who all did a remarkable job!! It is amazing how much we accomplished together during the past two years, including some of the following program highlights:

- Increased membership by over 80%!!
- Totally new web site and communication process
- Produced several value added educational presentations/information, including MIOSHA updates
- Revised our Boardmember Handbook, several reporting forms, 2015 meeting dates and much more!!
- Organized a well-supported "Violence Prevention in Healthcare" seminar.

As a healthcare safety professional you hold a very noble, altruistic position and will never fully

realize the full positive impact you make. Safety is taught, measured and supported through several admirable process improvement programs, but the most important safety factor is how we protect and safe guard the people all around us. The real goal is quality of life, such as having mothers and fathers returning safely home to their respective spouse and children, and experiencing a successful career without injury or disability while being a positive influence to all those around us. Safety is really all about people like you and all those that you represent.

Therefore, at MHCSA our greatest measure of success is that you would learn something of value that could be implemented at your workplace to improve the quality of safety/life. It would also mean that our programs would further inspire you to improve the safety at your workplace and become an instrumental part of the "Culture of Prevention." Thank you for your support of this great organization.



NEW MHCSA BOARD MEMBERS

Greetings MHCSA members!!! I want to share the election results from our MHCSA meeting in November . By nomination and elected popular votes your 2015 MHCSA officials are:

President: Janice Homola
Vice President: Pierre Gonyon
Treasurer: Sandy Allen
Secretary: Teresa Fisk

Teresa Fisk is serving as secretary on a second term and has done an outstanding job!!! Both Pierre and Janice are reoccurring MHCSA leaders who will do GREAT for the group. Congratulations to all!!!!

Ken Smith
MHCSA Past President

Please welcome and send congratulations to your new official members. I want to say a special THANK YOU to Sandy Allen who has agreed to continue on as our treasurer. Sandy has streamlined and enhanced this position in many ways.

MHCSA list serve email address: mhcsa-list@mhcsa.org
MHCSA website: <http://mhcsa.org>



EBOLA- OCCUPATIONAL SAFETY AND PPE



Ebola coming to the US has challenged public health, hospitals and the occupational safety and health profession in ways that are unprecedented. It requires strict adherence to protocols, collaboration, communication and training at all levels and nimble integration of new information.

Ebola is a highly fatal, hemorrhagic fever virus that is spread via contact with the blood or body substances or contaminated equipment/materials or sharps from an infected, **symptomatic** patient. The virus does not spread during the incubation phase, which can last up to 21 days (8-10 day average). First symptoms are the sudden onset of fever (≥ 100.4 F), plus headache, body aches/muscle pain, fatigue, and then diarrhea, vomiting, stomach pain and unexplained hemorrhage (bleeding or bruising). There are a number of Ebola virus diseases (EVDs). The mortality rate of EVD is $\geq 50\%$.

New Ebola guidelines aimed to protect health care workers (HCWs) were published last fall. These guidelines focused on frequent training, zero skin exposure and consistent supervision. The guidelines included the types of personal protective equipment (PPE) to be used and the procedures for donning and doffing PPE. Key principles include:

- Prior to working with Ebola patients, HCWs must have received repeated training and have demonstrated competency in performing all Ebola-related infection control practices and procedures.
- HCWs caring for Ebola patients should use PPE with full-body coverage to further reduce the risk of self contamination.

- The overall safe care of Ebola patients in a facility must be overseen by an on-site manager at all times.
- Each step of every PPE donning/doffing procedure must be supervised by a trained observer to ensure proper completion of established PPE protocols.

Although this virus is not believed to be airborne, HCWs should wear respiratory protection at least to the level of an N95 respirator if they are doing procedures on an Ebola patient or body fluids that could generate aerosols. Aerosol generating procedures should also be avoided if possible.

The role of the environment in transmission has not been established. Some limited studies indicate that the Ebola virus can remain viable on solid surfaces with concentrations falling slowly over several days. Currently there is no epidemiologic evidence of Ebola virus transmission through the environment. However, given the apparent low infectious dose, potential of high virus titers in the blood of ill patients, and disease severity, CDC recommends higher levels of precautions for environmental services staff to reduce the potential risk posed by contaminated surfaces in the patient care environment.

Unlike many of the hazards and threats that we deal with as safety professionals, there are many unknowns with Ebola. New science and treatment continue to emerge against a landscape of international politics, lacking resources, and fear. We as safety professionals can provide expertise in emergency preparedness, PPE, respiratory protection, chemical exposure and control measures, blood and body fluid exposure controls, and waste management to our hospital committees and groups charged with prevention and control of this new threat. As Ebola and other unforeseen perils evolve, our work and expertise is more important than ever.



MHCSA list serve email address: mhcsa-list@mhcsa.org

MHCSA MISSION: To promote and maintain "safety" as a primary function in the delivery of quality health care services.



REGULATORY UPDATES AND INFORMATION

BLS Statistics

US Dept. of Labor, Bureau of Labor Statistics. Press Release USDL-14-2246. *Nonfatal Occupational Injuries and Illnesses Requiring Days Away From Work*. 2013. <http://www.bls.gov/news.release/pdf/osh2.pdf>

US Dept. of Labor, Bureau of Labor Statistics, Press Release USDL-14-2246. *Nonfatal Occupational Injuries and Illnesses Requiring Days Away From Work*. 2013. <http://www.bls.gov/news.release/osh2.t18.htm>.

Engineering Solutions to Workplace Violence.

The following is hospital employee safety and health information from the Federal OSHA Alliance with the Joint Commission.

<http://www.jcrinc.com/assets/1/7/ECNews-Mar-2014.pdf>

Bullying is Ageless: Conflict and Violence Widespread in Nursing Homes, Study Finds

<http://commonhealth.wbur.org/2014/11/conflict-and-violence-in-nursing-homes-study>

In a sample of more than 2,000 residents, 16 percent were involved in incidents of cursing, screaming, or yelling; about 6 percent in physical violence such as hitting, kicking, or biting; one percent in “sexual incidents, such as exposing one’s genitals, touching other residents, or attempting to gain sexual favors”; and 10.5 percent in events researchers labeled “other” — residents entering rooms uninvited, for example, or rummaging through others’ belongings.

Study: Hospital Workers Wash Their Hands Less Frequently Toward End of Shift

<http://ehstoday.com/health/study-hospital-workers-wash-their-hands-less-frequently-toward-end-shift>

Shaking hands with a hospital worker at the end of his or her shift might be a bad idea. Hospital workers who deal with patients wash their hands less frequently as their workday progresses, probably because the demands of the job deplete the mental reserves they need to follow rules, according to new research published by the American Psychological Association.

Ebola Virus Information Page (CDPH)

<http://cdph.ca.gov/programs/cder/Pages/Ebola.aspx>

MHCSA list serve email address: mhcsa-list@mhcsa.org

MHCSA website: <http://mhcsa.org>



2014 MHCSA ANNUAL MEETING

March Education Session: New Bloodborne Pathogens and Recordkeeping Updates Friday, March 13th, 12:45 pm.

Call-in information will be provided.

The presenter for our March 13th meeting will be Jenelle K. Thelen, Industrial Hygienist, Michigan Department of Licensing & Regulatory Affairs, Michigan Occupational Safety & Health Administration (MIOSHA). Jenelle will discuss the recent, significant changes to the Michigan Bloodborne Pathogen Standard and the latest OSHA Recordkeeping Requirements. **BONUS SECTION: Ask MIOSHA a Question.** Send anonymous, confidential questions to Pierre Gonyon, at pierre.gonyon@stjoeshealth.org.

2015 MHCSA Meetings

Friday, March 13th, 11:00 A.M.– 2:00 P.M

Thursday, June 11th, 11:00 A.M.— 2:00 P.M. (In person meeting at Coverys, 3100 West Road, Bldg 1, Ste 200, East Lansing MI 48823)

Friday, September 11th, 11:00 A.M.—2:00 P.M.

Thursday, December 10th, 11:00 A.M—2:00 P.M.

The meetings begin with a business meeting, followed by discussions and networking on “Hot Topics,” and then finish with the education session.

Re-Cap: Violence Prevention in the Healthcare Workplace Seminar

Steve Wilder, President of Sorensen, Wilder & Associates and co-author of "The Essentials of Aggression Management in Healthcare" was the presenter at the MHCSA annual meeting in November of 2014. Topics included violence risk assessments, active shooter scenarios, de-escalation techniques, training concepts, planning, response, mitigation and recovery, and crisis management teams.



St. Joseph Mercy Security K-9 Team

Members of St. Joseph Mercy's Security K-9 team gave an overview and history of their program and provided a demonstration of aggression control techniques and a suspicious substance search, K-9 training, and how the K-9 team extends the capability of security to prevent and control violent behavior.

A special thank you to Pierre Gonyon for hosting the meeting at St. Joseph Mercy Ann Arbor.

MHCSA list serve email address: mhcsa-list@mhcsa.org

MHCSA website: <http://mhcsa.org>

MHCSA MISSION: To promote and maintain “safety” as a primary function in the delivery of quality healthcare services.