MHCSA Membership Meeting



MHCSA Winter Meeting Minutes February 16, 2021 | 11:00 AM - 1:00 PM ET

2019-2021 MHCSA Board:

President - John Bolde, System Director, Safety and Security, Munson Healthcare **Vice-President - Terry Fisk**

Secretary - John Bennett, IT Analyst, Safety Coordinator, Hospital Network Ventures

Treasurer - Sarah Law, Employee Safety Specialist, Henry Ford Health System

Past President - Janice Homola, Senior Risk Consultant, Coverys

Education Committee - Julie Mulder, Senior Safety Specialist, Employee Safety, Spectrum Health

AGENDA

11:00 AM- 12:00 PM Business Meeting

- 1. Welcome, roll call and 2021 MHCSA membership dues- John Bolde
 At least 20 participants signed into Teams. Most of the members are provided at the end
 of this document. Apologies to anyone's name that was missed.
 - 2. Follow up from November 12, 2020 Membership meeting-Terry Fisk/Janice Homola:
 - a. Slide deck for the educational session, Tackling the HAC of Workforce Harm, distributed to the members.
 - b. Approved extension of existing MHCSA Board for 2021.
 - c. Wellness Clips

Janice reported that video clips were distributed in December/January and that additional video clips provided by Sue Bolde pertaining to Mindfulness would also be distributed as soon as they are ready.

3. Update from Finance - Sarah Law

Current balance: \$9,778.66

- 4. Education update and ideas for future meetings Julie Mulder/Discussion
 - a. February 16th (11:00 AM 1:00 PM ET), Topic: Mindfulness, Speaker: Sue Bolde
 - b. May 18th (11:00 AM 1:00 PM ET), Topic: TBD

- c. August 17th (11:00 AM 1:00 PM ET), Topic: TBD
- d. Bi-Annual Conference: October 15th. It will be done on a virtual platform and will be a full day conference (specific agenda, times and topics TBD)

Suggested topics/speakers for future meetings:

- Strategies that can be used for virtual accreditation surveys
- **Workstations on Wheels (WOWs)-Best practices and ergonomic considerations**
- Working Remotely "The New Frontier"- Ideas to appropriately set up home workstations. What new policies/procedures should be considered? Should there be equipment specifications/recommendations and how should equipment be paid for? What is the impact of and considerations pertaining to sedentary behavior?
- What employee safety summaries, reports, dashboards, and other information/data should be reported? -To whom and how often? What are considered to be Best Practices?
- Sharps Injury Prevention- Potential Speaker: MaryAnn Northcote, Safety and Workers' Compensation Manager, Risk, Safety and Insurance, McLaren Health Care
- Respirators in health care
- 5. Roundtable Discussion Ideas (Confidential no records are kept) All
 - a. COVID-19 vaccination of staff- How is it going? Reported reactions from staff-How are these being handled (workers' compensation considerations, MIOSHA recordability)?
 - b. Have you had a MIOSHA inspection within the past six months? If yes, what thoughts would you like to share about the experiences?
 - c. What are your top workplace safety priorities for 2021?
 - d. Joint Commission Surveys
 - e. Open Discussion

12:00 PM - 1:00 PM Educational Segment

Sue Bolde will present an introduction to **Search Inside Yourself**, the original mindfulness-based emotional intelligence training program developed at Google. The SIY program teaches skills that lead to sustained peak performance, strong collaboration, and effective leadership. This interactive 60-minute presentation will offer practical applications that improve focus and empathy to build self-awareness and resilience.

The session includes:

- The neuroscience supporting mindfulness and emotional intelligence.
- The role of attention training in enhancing focus and developing empathy.
- Foundational exercises to focus attention, calm the mind, and enhance connection.

Speaker:

Sue Bolde, MA, has a passion for solving complex social issues. She enjoys partnering with nonprofit, corporate, educational, and philanthropic organizations to build resilient leaders who undertake challenging missions that shift mindsets and evoke systems change. Sue became a Search Inside Yourself Certified Teacher as Executive Director of Traverse Bay Children's Advocacy Center while pursuing ways to address secondary traumatic stress in her staff. She is currently Executive Director of the Public Will Campaign to end child sexual abuse. Sue has a bachelor's degree from the University of California, Santa Barbara, and a master's degree from the University of Illinois at Chicago.

Business Meeting Participants signed into Teams

- 1. John Bolde
- 2. Terry Fisk
- 3. Janice Homola
- 4. Sarah Law
- 5. John Bennett
- 6. Angela Thornton
- 7. Carol Berthume
- 8. Brian Scully
- 9. Dean Hartenburg
- **10.Alan Malesky**
- 11. Melissa Tomlinson
- 12. Michelle Robertson
- **13.Leonard Murdock**
- **14.**Gabrielle Newton
- **15.**MaryAnn Northcote
- 16.Sandy Allen
- 17. Ruth Vanderburg
- 18. Debra Scheffler
- 19.Rita Stockman
- **20.Parmalle Bodley**
- 21. More of you



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